

## CONNECTIONS

NAME: \_\_\_\_\_

WEEK: \_\_\_\_\_

	EMOTIONAL/SPIRITUAL Points	FAMILY/FRIENDS/COMMUNITY Activity/Duration/Points	PHYSICAL Activity/Duration/Points	ACADEMIC Activity/Duration/Points
SUN				
MON				
TUES				
WED				
THURS				
FRI				
SAT				
TOTAL				

Comments on week: \_\_\_\_\_

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